

# Capital University Leadership Development

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## **ADVOCATE. INVEST. MOBILIZE.**

AIM to be an everyday leader and the best version of yourself!

### **2025 SPRING WORKSHOP SCHEDULE**

**2/3 @ 4pm - AIM to Plan with Academic Success**

**2/11 @ 4pm - Resume Workshop**

**2/19 @ 4pm - AIM for Success**

**2/25 @ 4pm - Safe Spring Break**

**3/13 @ 4pm - Drug and Alcohol Safety**

**3/19 @ 4pm - Introduction to Banking**

**3/25 @ 4pm - AIM to Understand Interviewing Skills**

**4/2 @ 4pm - Personal Finance**

**4/8 @ 4pm - Basic Car Maintenance**

**4/10 @ 4pm - AIM to Manage Burnout**

**4/15 @ 4pm - Student Organization Renewal**

**All workshops fulfill the student organization workshop requirement.  
Event descriptions are on back of page and Engage.**

#### **ALL WORKSHOPS ARE...**

- **45-55 MINUTES LONG**
- **HELD IN THE STUDENT UNION\***
- **OPEN TO ALL STUDENTS**

**\*SEE ENGAGE FOR EXACT LOCATION**

**No prior preparation is needed for any workshop, but we recommend bringing your ipad and apple pencil to all sessions!**

Questions about workshops or the schedule? Email [kmurphy46@capital.edu](mailto:kmurphy46@capital.edu)

Interested in becoming a change advocate? Email [TDavis3@capital.edu](mailto:TDavis3@capital.edu)

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## Capital University Leadership Development #CapLeads

### SPRING 2025 WORKSHOP DESCRIPTIONS

#### **AIM to Plan with Academic Success**

Join Academic Success to talk about how to start your school year off with a strong time management plan.

#### **Resume Workshop**

Join Career Development to work on your resume! Attendees are welcome to bring a resume with them or come without one!

#### **AIM for Success: Thriving in Remote & Hybrid Environments**

Thinking about a summer role or job after graduation? Learn how to adapt to working remotely!

#### **Safe Spring Break**

Join our Peer Educator team for tips on how to stay safe during Spring Break.

#### **Drug & Alcohol Safety**

Join our Peer Educator team to learn the ins-and-outs of how to handle drugs and alcohol safely.

#### **Introduction to Banking**

In this interactive session, you'll learn everything you need to know about banking to get started. We'll cover banking basics, how to open your first accounts, and tips for smart banking.

#### **AIM to Understand Interviewing Skills**

While seeking a career, you will experience interviews during the hiring process. Learn tips and tricks for professional interviewing. Presented by Career Development.

#### **Personal Finance**

Join the SCE and a Chase bank representative to learn about how to manage personal finance.

#### **Basic Car Maintenance**

Join our facilities team to learn basic skills to maintain your car such as how to change a tire!

#### **AIM for Manage Burnout**

Join our registrar team to learn about managing stress and burnout before finals season. You got this!

#### **Student Organization Renewal**

Student organization renewal will open on April 15 for the 2025-2026 school year. Walk through the process to renew your organization for the next school year.